

24 Aspects of a Person Seeking to be Centered in God's Life

Compiled from verses in the book of Psalms

This composite of a life yearning for union with God reflects the kind of life for which David and the other Psalmists strived, and, in fact, describes the life Jesus lived. He was formed by this literature which shaped his life to be completely open and receptive to the life of God that flowed in and through him. Therefore, if we, as followers of Jesus are to live into the life he makes possible for us, it stands to reason that we would benefit from the formative direction of the Psalms so that we will be open and receptive to the ways God, through Christ, inhabits and directs our life.

These various aspects can be arranged under three general headings – mindset/orientation, decisions, actions – that suggest the dimension of life they affect. They work in concert with one another, and though certain of these could be prioritized or pursued independently, they are meant to create the opportunity and the “place” within us where God is at work forming us as his people through Jesus Christ. Each of these aspects is either a direct quote from the Psalms, or a summary phrase that reflects complimentary ideas fused into one thought.

My prayer is that you'll find it helpful in ordering your life in ways that allow you to be open and receptive to the presence and power of God at work in you, through you, and around you as God pursues the re-creation of the world through Jesus Christ!

Mindset/Orientation

- Making room in one's thoughts for God
- Recognizing God's presence in the company of the righteous
- Inviting refreshment (body and soul)
- Trusting in God's nearness
- Setting God before one's self
- Maintaining humility
- Living before the Lord in the land of the living (developing awareness of being in God's presence)
- Cultivating perception (learning to perceive God)
- Learning trust in God

Decisions

- To seek God's face
- To heed God's precepts (obedience and guidance)
- Setting boundaries in behavior & associations
- Welcoming examination (the Holy Spirit's ministry)

Actions

- Being still before God
- Pondering the Lord's works
- Meditating on God's word
- Reflecting on the manifold wonders of God
- Listening to God (recognizing & responding to God's voice)
- Praying expectantly
- Expressing thanks to God
- Testifying to God's work
- Engaging in worship of God
- Practicing confession
- Memorizing God's word